



Partnership for Children of Sampson County Provider Newsletter

Volume 11, Issue 2 October, November, December 2017

“Ready for School, Ready for Life!”

October is Fire Safety Month

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Need your car seat checked or replaced?
Call 910-592-9399 for an appointment or for more information!

SCHOLARSHIP PROGRAM: Helps parents with the cost of childcare. Parents must be working more than 32 hours a week or going to school FT. Call for more information!

PARENTS AS TEACHERS: Targets children pre-natal to 5 yrs. old. Call Raquel Cervantes for more information.

DIRECTORS' FORUM: Center Directors receive information. These sessions will continue in February, 2018.

October is Fire Safety Month

Fire safety does not necessarily need to be a serious or scary topic for kids. The key is for the kids to learn how to escape from a fire safely; not to become scared of being in a fire. By tailoring activities and lessons to the age of the child, lessons can still be taught...while kids have fun in the process. Here are 10 fun activity ideas that child care providers, parents and teachers alike can utilize to get the safety message across while still having fun in the process.

1. Field Trip Time

Since kids are sometimes frightened by fire fighters and may even hide from them (as some do to any individual in uniform), adults can plan a special trip to take them to a fire station and introduce them to uniformed fire fighters. Call the station and schedule an appointment in advance, so that staff can be on hand to spend special time with the children. Of course, plans could change if a fire call takes them away from the station.

2. Create Your Own Fire Safety Poster Contest

Establish a fire safety poster contest at daycare, school, or at home. Ask children to create a safety picture of kids doing the right thing in escaping from a fire. Display the posters and talk about them.

3. Book It! Fire Safety Books Teach Lessons Well

Read children books on fire safety or, for the youngest kids, about fire trucks and their purpose, and fire stations. There are many on the market, such as “No Dragons for Tea: Fire Safety for Kids (And Dragons),” “Stop Drop and Roll (A Book About Fire Safety),” “Fire! Fire!” and “Home Safety” (Adventures in the Roo World – Young Roo Series No. 4).

4. R-E-D, Red: Fire Trucks Are Red

Choose the color RED as a theme and build on fire safety through the use of red fire trucks. Have them draw a red fire truck, a red fire extinguisher, and any other red elements and have kids wear red clothing. Consider providing a treat of red hots, red suckers or red apples and drink red punch or juice as a reward for a day well-done.

5. Exit, Exit: Where Are You?

Take a walk around the daycare or school, or if at home plan a simple outing, and hunt for EXIT signs. Keep tally marks of all the signs found. Turn it into a game. If possible, turn the lights off in a building and let kids see the EXIT signs remain lit and then discuss why. As a follow up, have kids create their own special EXIT signs as a project.

6. Role Play Games of Stay Low & Go,

and Stop, Drop & Roll

Play a game of “Stop, Drop and Roll.” This is a fun game for kids and the lesson taught can be invaluable. Also, create a game with “Stay Low and Go.” A teacher can press an alarm (use anything with sound) and then kids practice these skills as fast as they can. Be sure to explain when they should “stay low and go” and when it would be appropriate to “stop, drop and roll.” Children should be encouraged to cover their faces when rolling.

7. Alarm! It's Drill Time

Plan a fire safety evacuation drill. In-home providers should practice this as well. Assign one child each day to hold a bell or other “alarm” and let them choose the time anytime throughout the day to ring it and shout “Fire! Fire!” and for the other kids to evacuate. Providers/teachers of older kids can create some unexpected roadblocks/obstacles from time to time such as taping up an imaginary fire that means kids cannot leave the building through that route.

8. Hats Off To Fire Fighters

Create fire fighter hats for kids and have them pretend to be firefighters. Discuss equipment that a fire fighter needs and why. Let kids see and learn how to use a fire extinguisher. Older kids should know where a fire extinguisher is located.

9. Find the Meeting Spot

Have kids brainstorm where they should go once they leave a burning house or building. Have parents provide this information so that teachers can reinforce it. A fun game is to have kids sit in a circle and the first whispers to the first kid, who then passes it to the next one, and so on, as to the meeting place. Sound the alarm, have kids meet at the place, and then the provider or teacher must find them.

10. Detect the Smoke Detectors

Let children look, touch, and experience a smoke detector alarm. Make a counting game of having them count the number of detectors in a building or at a home. Have them ask their parents if the batteries have been changed recently. For older kids, turn the hunt into a scavenger hunt, complete with fire-safety related clues. <http://childcare.about.com/od/childsafet1/tp/firesafactivity.htm>

Trick or Treat Safety

www.safekids.org

Everyone likes a good scare (or treat) on Halloween, but safety is of the utmost importance when planning for trick or treat fun! Here are some important safety tips to share with children and their families:

Trick or Treat Safety

- When selecting a costume make sure it is the correct size for the child to help prevent trips and falls.
- Decorate costumes and bags with reflective tape or stickers and if possible choose light colors for costumes, they are easier to see. Since mask can obstruct a child's vision, consider using non-toxic face paint or makeup instead.
- Have kids use glow sticks or flashlights to help them to see...and to be seen.
- Children should not trick or treat without adult supervision. Stick to familiar areas that are well lit and trick or treat in groups.
- Popular trick or treat times are usually between 5:30pm and 9:30pm, so be particularly alert for children during this time.
- **Pedestrian Safety on Halloween**
 - Teach children to look left, then right, then left again before crossing the street.
 - Cross streets at crosswalks or at corners; never try to cross the street between two parked cars.
 - Always walk on sidewalks or paths.
 - Watch for cars that are turning or backing up.
 - Never dart out into the road...no matter what!



Firefighter Song

Sung to 'I'm A Little Teapot'
 I'm a firefighter, my name is John
 I put my boots and helmet on
 I hurry to the fire and give a shout.
 With a burst of water,
 The fire is out.



Fire Fighter Recipes and Snacks

Fireman Shake

Fireman need to be very strong.
 Prepare a healthy milkshake for your little fire boys and girls.



- 1 cup strawberries
- 2 tsp. honey
- 4 large scoops vanilla ice cream
- 1 1/2 cups milk

In a blender or food processor, puree berries with honey, add ice cream and milk.
 Pour into glasses and serve.



Workshop Fee Policy: Providers must register and pay for the workshop at the same time. Please bring exact change. Just calling in and asking that your name be on the list will not be considered as registered until the fee has been paid. Fees are non-refundable and may only be transferred if the workshop is cancelled.

SCPFC Second Quarter Trainings

Saturday, October 28, 2017

Somebody's Watching Me: Adequate Supervision in a Childcare Setting: Participants will learn the importance of adequate supervision in a childcare setting for all ages of children in their care. Participants will gain knowledge on ways to provide adequate supervision in order to keep children safe.	Nicole Wilson	Large Training Room	9:00-11:00AM
TBA		Small Training Room	8:30-10:30 AM

Saturday, November 18, 2017

ITS SIDS: Participants will receive training on Safe Sleep procedures and how to reduce the risk of Sudden Infant Death Syndrome.	Nicole Wilson	Large Training Room	9:00am-11:00am
TBA		Small Training Room	9:00-11:00AM

Saturday, December 16 2017

What Is This Mess Called STRESS: Participants will be introduces to a variety of ways to manage the stress of working in childcare and help avoid "burn out".	Nicole Wilson	Large Training Room	9:00-11:00AM
TBA		Small Training Room	8:30-10:30 AM

Region 4 Specialists:

- Daniel Bates, School Age Specialist
- Jesscia Norris, Behavior Specialist
- Linda King, Infant/toddler Specialist
- Susan Deans Technical Assistant Specialist

Region 4 Specialist are available to assist you with your needs. If you are interested in engaging in services, we will be happy to facilitate. Please call us at 910-592-9399 for additional information.

UPCOMING DIRECTORS' FORUMS:

Will be continued in 2018

The Partnership for Children is open Monday—Thursday 8:00am-5:00pm. We are closed to the public on Fridays. For your convenience, we are open one Saturday each month 8:00am-12:00pm. A variety of workshops will be provided on these Saturdays. The Resource Center will also be available. Call for dates and more information.